

WSJ: Patients Who Searched in Vain for Mental-Health Care Take Insurers to Court

In “Patients Who Searched in Vain for Mental-Health Care Take Insurers to Court” (The Wall Street Journal, December 25, 2025), the WSJ reports on, “the growing number of patients who have sued their insurance companies this past year, arguing they promise mental-health coverage that is virtually nonexistent.”

They go on to note that, “By law, insurers must provide customers with an accurate list of doctors, hospitals and other providers covered by their plan.”

Known as “ghost networks,” these inaccurate lists of doctors delay many patients’ ability to find -in-network care. This can result in patients paying prohibitive costs for out-of-network care or opting to go without treatment, complicating their mental health condition.

Pollock Cohen partner Steve Cohen, Pollock Cohen, along with co-counsel at Walden Macht, Haran & Williams LLP, have filed five of the recent class actions lawsuits against health insurance companies (including those discussed in the article), which allege the insurers are perpetrating fraud by publishing these inaccurate directories. To read more about these Ghost Networks Class Actions, click [here](#).

To read the full article, click on the link below (subscription may be required).

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